



Communication | Relationships | Leadership



Women in Leadership

CONFIDENCE IN OURSELVES

Proudly presented by Lead The Way, this brand new two day workshop has evolved out of the original Leader Within course to specifically help current and aspiring women leaders to be the best they can be, to discover their individual style of leadership and step into being the kind of leader needed by their workplaces, communities and families.



10 - 11 December 2019 - Otaki NZ

The focus for the December course is on confidence in leadership:

- building your belief in yourself
- setting your own personal standards of leadership
- gaining confidence to communicate clearly
- establishing healthy boundaries in your working relationships
- building resilience
- comfortably managing courageous conversations

Programme:

Day One

10am Start

Arrive, introductions, morning tea

Demonstration by Andrew Froggatt

Meet the horses, start to build your relationship in the area

Gourmet lunch

Reflect, review and refine session

Second session with horses in the arena

Facilitated Leadership Session

Drinks and a platter

5:30pm Finish for the day

7:30pm Dinner with 'Up our Brave'

keynote presentation from Natalie Cutler-Welsh

Day Two

10am Start

Arrive, morning tea, discussion about reflections on the first day.

Arena work with demonstrations from Andrew.

Reflect, review & refine session

Gourmet lunch

Facilitated leadership session

Arena work with horses

Overview of the two days, strategic goal setting.

Drinks and a platter

5:30pm Finish



Inclusions:

- 2 days of experiential learning with horses
- Leadership facilitator
- Equine coaches
- post-course coaching session
- Full gourmet catering
- Course workbook
- Individual luxury accommodation
- Photos & videos

Testimonial

I thought the course was fab. I love the focus on self-awareness and the lack of ability to hide from yourself as it's just you and the horse.

Debbie Moore - Trademe.

Lead Facilitator:

Tania Gough

Tania's areas of expertise include team development and group facilitation, leadership development, individual skills coaching, workplace problem solving, strategic HR consultancy, design and development of HR frameworks, employment relations and change management.

Tania has experience working with organisational teams facilitating goal setting, problem solving and team building. For the past ten years she has been a facilitator for the Leadership Development Programme at Outward Bound in Anakiwa. She has extensive experience working with leaders in organizations to help them to be more effective in leading their teams. Tania's passion area is about helping the different generations in the workplace value each other and work effectively together for more productive outcomes.



Keynote Speaker:

"To be Announced"

Accommodation:

The Milk Station, Otaki

The Otaki Milk Station is a superb historical venue, just an hour north of Wellington, it's a world away. The Station's history and stories are draped in contemporary character and inspired design. Built in 1919, many of its original features remain. It is now a Historic Places Trust Grade II recognised building.

The recent renovation is influenced by early Italian architects and a vision: Original exposed riveted steel beams blended with fine art from Europe; four acres of stunning gardens set against the quiet background of the Tararua Ranges.

The rooms are elegant, spacious and internationally inspired. Your luxury accommodation will have either a balcony or veranda view, perfect for the Kapiti Coast morning or late day sun. All rooms have Wifi, under floor heating and ensuite designer bathrooms.



Frequently asked questions:

Do I need to be able to ride or have any previous horse experience? No, we do not ride the horses and we will teach you everything you need to know for the course. The course is not about the horses but about you, the individual, the horses are merely the tool we use to teach you more about yourself.

Do I need to be fit to do this? No, a basic level of fitness will be sufficient.

How do I transfer my work with the horses into skills that I can use in my workplace? We use video analysis of the horse sessions, facilitated discussion and directed facilitation and exercises to teach you how to use the skills learnt with the horses within your workplace.

How does this course differ from other leadership courses? These courses are different because of the hands on element that suits all learning styles – visual, auditory and kinesthetic. The emphasis is on doing so it is easy to remember, to cast your mind back to the exercises with the horses and find a parallel you can draw with your current challenge

Book Now

10 - 11 DECEMBER

\$2,300 inc GST per person

Book online: www.lead-the-way.co.nz/womeninleadership