



Communication | Relationships | Leadership



# *Women in Leadership:*

CONFIDENCE IN OURSELVES



Proudly presented by Lead The Way, this brand new two day workshop has evolved out of the original Leader Within course to specifically help current and aspiring women leaders to step up. To build confidence in themselves, discover their individual style of leadership and become the kind of leader needed by their workplaces, communities and families.



***If you are a woman in Leadership and experience confidence issues relating to:***

Being seen, heard and understood

Harnessing the resilience required to champion your role

Being assertive with peers and leaders more senior than you

Establishing healthy boundaries in your working relationships

Comfortably having courageous conversations

Setting your own personal standards of leadership

**Then come and join an intimate group of women who are committed to making changes and harnessing their leadership potential.**

*27 - 28th May 2020 - Otaki, NZ*

e: [contact@lead-the-way.co.nz](mailto:contact@lead-the-way.co.nz) p: 021 901 891

Te Pukenuamai, 1272 State Highway One, RD3, Otaki, 5583

# Programme:

## Day One - Wednesday 27th May

### 10am Start

Arrive, introductions, morning tea  
Demonstration by Andrew Froggatt  
Meet the horses, start to build your relationship in the area

Gourmet lunch

Reflect, review and refine session

Second session with horses in the arena

Facilitated Leadership Session

Drinks and a platter

**5:30pm** Finish for the day

**7:30pm** Dinner with Guest speaker

## Day Two - Thursday 28th May

### 10am Start

Arrive, morning tea, discussion about reflections on the first day.

Arena work with demonstrations from Andrew.

Reflect, review & refine session

Gourmet lunch

Facilitated leadership session

Arena work with horses

Overview of the two days, strategic goal setting.

Drinks and a platter

**5:30pm** Finish



# Inclusions:

- 2 days of experiential learning with horses
- Leadership facilitator
- Equine coaches
- BBQ dinner with guest speaker on Mon night
- Post-course coaching session
- Course workbook
- Full gourmet catering
- Individual luxury accommodation
- Photos & videos

# Testimonial

*I thought the course was fab. I love the focus on self-awareness and the lack of ability to hide from yourself as it's just you and the horse.*

*Debbie Moore - Trademe.*

## *Lead Facilitator:*

### **Tania Gough**

Tania Gough has held a range of human resource management and consultancy roles in the New Zealand public and private sectors in the last twenty years. Her areas of expertise include individual skills coaching, team development and group facilitation, strategic HR consultancy, design and development of HR frameworks, employment relations and change management.

Tania has experience working with organisational teams facilitating goal setting, problem solving and team building. For the past ten years she has been a facilitator for the Navigator Leadership Development Programme at Outward Bound in Anakiwa. She has extensive experience working with managers in organizations to help them to be more effective in leading and managing their teams. She is an accredited Team Management Systems (TMI) consultant, DISC accredited and certified in the Lominger Leadership Architect suite of tools.



## *Guest Speaker:*

"To be Announced"



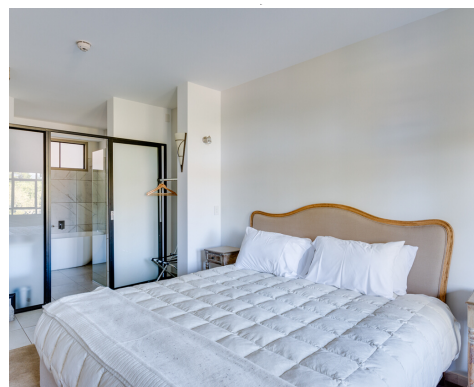
## Accommodation:

### The Milk Station, Otaki

The Otaki Milk Station is a superb historical venue and although just an hour north of Wellington, it's a world away. The Station's history and stories are draped in contemporary character and inspired design. Built in 1919, many of its original features remain. It is now a Historic Places Trust Grade II recognised building.

The current renovation is influenced by early Italian architects and a vision: Original exposed riveted steel beams blended with fine art from Europe; four acres of stunning gardens set against the quiet background of the Tararua Ranges.

The rooms are elegant, spacious and internationally inspired. Your luxury accommodation will have either a balcony or veranda view, perfect for the Kapiti Coast morning or late day sun. All rooms have Wifi, under floor heating and ensuite designer bathrooms.



## Frequently asked questions:

**Do I need to be able to ride or have any previous horse experience?** No, we don't ride the horses and you don't need to have had anything to do with horses before: we will teach you everything you need to know for the course. The course is not about the horses but about you, how you react and grow through the experience. The horses are merely the tool we use to teach you more about yourself.

**Do I need to be fit to do this?** Not super fit, a basic level of fitness will be sufficient. The course involves some walking and a little running.

**How do I transfer my work with the horses into skills that I can use in my workplace?** Tania leads facilitated discussion linking the skills used with the horses to working with people, and video analysis raises your self-awareness to help make changes easier to implement.

## Book Now:

27th - 28th May 2020

\$2,300 inc GST per person - Max 12 places

\*Payment options available\*

Book online: [www.lead-the-way.co.nz/womeninleadership](http://www.lead-the-way.co.nz/womeninleadership)